

Visions Healing Emotion Code/Body Code Sessions

Choose 5 to 8 menu items (or build your own list) and bring to your Emotion Code/Body Code Session with John Schlapbach

- Aching wrists, fingers, and hands
- Addiction
- Always Cold Feet/Hands
- Always Cold Tired/Exhausted
- Anger/Bitterness
- Anxious in Public
- Anxious About Everything
- Back Pain, Upper, Mid, Lower
- Blocked Nasal Passages
- Blocks: Business
- Blocks: Clients
- Blocks: Creativity
- Blocks: Health
- Blocks: Love
- Blocks: Money
- Blocks: Relationship
- Blocks: Writer's
- Brain Fog
- Broken Heart
- Burning Chest Sensation
- Chronic Fatigue
- Claustrophobia
- Constipation
- Creative Insecurity
- Crying Easily
- Difficulty Breathing
- Digestive Issues
- Excessive Sweating
- Fear of Anything
- Feeling of blocked breathing
- Feelings of Insecure
- Feelings of Resentment
- Feelings Stuck
- Food/Drink Addiction
- Frustration
- Grief
- Guilt
- Headaches
- Heart-Wall
- Helplessness/Hopelessness

- Hormonal Issues
- Indecisiveness/Wishy Washy
- Jealousy
- Knee Pain or Discomfort
- Limiting Beliefs: Money
- Limiting Beliefs: Success
- Limiting Beliefs: Weight Loss
- Liquor/Wine/Beer/etc.
- Loneliness
- Low Self Esteem
- Menopause
- Morning Sickness
- Nasal Passage Feels Blocked
- Neck Pain or Stiffness
- Negative Self Talk
- Numbness in hands, feet, legs
- Old Negative Beliefs
- Old Negative Experiences/
Accidents
- Old Negative Memories
- Pain (Overall Body)
- Panic Attacks
- Procrastination
- Resistance: Eating Veggies
- Resistance: Exercise
- Resistance: Hydration
- Restless Legs
- Sadness
- Seasonal Allergies
- Sharp Electrical Pain
- Shoulder Pain
- Shyness
- Sinus Problems
- Skin Rashes, Redness
- Sleep Imbalances
- Social Anxiety
- Sorrow
- Specific Food/Drink: Eliminate
- Stiff Hands and Fingers
- Stress and Worry

- Tingling in fingers, hands, and feet
- Unmotivated
- Unworthy/Worthless
- your issue
- your issue
- your issue
- your issue
- your issue

Your Heart-Wall

It's time to break down the wall of unprocessed negative emotions that surrounds your heart. Release these trapped emotions so you can live a healthier & happier life.



Personal Programs:

- Heart Wall
- Weight Loss Programs
- Overall Wellness Evaluation
- Law of Attraction

Business & Entrepreneur Programs:

- Heart Wall
- Setting Goals
- Abundance Series
- Money Ceilings
- Blocks To Success
- Law of Attraction & Business

John Schlapbach

Certified Emotion Code Body Code Practitioner, Teacher and Speaker

Book your appointment with John at 250-763-5670 or email glvision@telus.net
Visit www.visionshealing.com for more information

The Emotion Code™ Chart

	Column A	Column B
Row 1 Hear tor Small Intestine	Abandonment Betrayal Forlorn Lost Love Unreceived	Effort Unreceived Heartache Insecurity Overjoy Vulnerability
Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless